

# Mayfield Village Community Recreation Guide



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#### Mayfield Village Parks & Recreation Department teams up with.....



# Playhouse Square



#### Saturday, May 13, 2023

1:30 P @ Connor Palace

An uplifting comeback story like no other, TINA THE TINA TURNER MUSICAL is the inspiring journey of a woman who broke barriers and became the Queen of Rock n' Roll. One of the world's best-selling artists of all time, Tina Turner has won 12 Grammy Awards and her live shows have been seen by millions with more concert tickets sold than any other solo performer in music history. Reg. Deadline: 3/24.

Balcony C	\$20
Mezz. D	\$43
Orchestra	\$69

#### Saturday, June 24, 2023 1:30 P @ Key Bank State Theater

Enter a world of splendor and romance, of eye-popping excess, of glitz, grandeur, and glory! Baz Luhrmann's revolutionary film comes to life onstage, remixed in a new musical mash-up extravaganza. A celebration of Truth, Beauty, Freedom, and above all...Love. MOULIN ROUGE! is more than a musical; it is a state of mind. Reg. Deadline: 5/8.

\$35
\$55
\$95
\$54



To secure your tickets, don't delay in ordering through the Mayfield Village Parks & Recreation Department! TICKETS ARE LIMITED!!

- Register online at <u>mayfieldvillage.activityreg.com</u>
- By Phone: 440.461.5163

#### IMPORTANT INFORMATION

Mayfield Village Parks and Recreation Department is located at the Mayfield Village Civic Center 6622 Wilson Mills Road 440.461.5163

Mayfield Village Senior Department is located at the Mayfield Village Community Room 6621 Wilson Mills Road 440.919.2332

> www.mayfieldvillage.com/recreation Office Hours: M-F, 8:30 A-4:30 P



#### Mayfield.village.parks.recreation



For updated information on what's going on in Mayfield Village, follow us on Facebook and sign up for E-mail Blast notifications at <a href="mailto:contactus@mayfieldvillage.com">contactus@mayfieldvillage.com</a>

#### **Program Cancellations/Refunds**

Mayfield Village reserves the right to cancel or consolidate any program that does not meet the minimum participation number required by the decision deadline of a program. A full refund will be issued if a program is cancelled. Please allow 3-4 weeks for a refund check to be mailed.

Refunds must be requested in writing and will be issued based upon the Refund Schedule (exceptions include an injury that prohibits participants' involvement with documentation from a doctor noting inability to participate). In addition to the refund schedule, a \$10.00 processing fee will be deducted from all refunds.

#### **Refund Schedule**

- At least 21 days prior to event or program if another participant can fill spot:100%
- 7-20 days: 50%3-6 days: 25%
- Less than 3 days: 0%

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LEFT TO RIGHT: Seated: Dona Kless, Mary Murphy, Terrie Haycox, Shane McAvinew, Danielle Echt, Meg Stifler and Peggy Kerver.
Standing: Derek McDowell, Steve Jerome, Debbie Thomas, Pat Andrzejczyk, Sean Supler, Ashley Hess, Councilman Al Meyers, Dave Perout, Council President Steve Schutt, Kate Sullivan, Aaron Caunter, Troy Koch and Laura Prcela.

Not Pictured: Councilman Mark Arndt, Mary Ann Brastoff, Diane Catalano, Patti Fioritto, Councilman Dennis Murphy, Elliot Ross, Mary Singer, Nona Stella and Phil Stella.

**Photographs:** Mayfield Village may take pictures of participants in programs and the photos may be used for marketing purposes. Your registration grants permission to use these photos for publicity purposes.

**Returned Checks for Insufficient Funds:** A \$25 cash fee will be charged for all checks returned for insufficient funds.

#### **Brenda T. Bodnar** Mayor

#### **Steve Schutt**

Council

#### **Mayfield Village Council**

Mark Arndt Jennifer Jurcisek Bill Marquardt Al Meyers Denny Murphy George Williams

#### Shane E. McAvinew

Director Parks & Recreation

#### **Danielle Echt**

Assistant Recreation
Director

#### Samantha Clark-Cartwright

Program & Facilities Manager Senior Program Coordinator

#### **Parkview Pool**

425 North Commons Blvd. 440.446.1688

Parkviewpool@mayfieldvillage.com (can be reached beginning May 8)

Parkview Soccer Fields & Sand Volleyball Courts
300 North Commons Blvd

#### Parkview Complex

(softball, tennis, bocce) 470 SOM Center Road

#### **The Grove**

425 N. Commons Blvd. 440.471.1070 (recording only)

Mayfield Village Community Room 6621 Wilson Mills Road

#### Mayfield Village Civic Center

6622 Wilson Mills Road 440.461.2210

#### **INCLUSION STATEMENT**

Mayfield Village Parks and Recreation welcomes participation in all programs and activities by individuals with disabilities and special needs. MVPR is committed to inclusion and providing public recreation services in the most integrated setting in which interaction between people with and without disabilities is provided to the maximum extent feasible. MVPR works cooperatively with multiple organizations to facilitate successful participation for those who register for inclusive programming. Visit our mayfield village.com for our complete inclusion statement and policies.

Mayfield Village Parks and Recreation understands that not every person with special needs or disabilities requires special recreation programming. Mayfield Village Parks and Recreation will be happy to advise and/or assist individuals who wish to participate in the Mayfield Village Parks and Recreation Programs. We strongly encourage integration, as this inclusive recreation environment provides our residents with even greater options for their leisure time. We strive to make all of our experiences safe and positive.

Mayfield Village Parks and Recreation follows the Americans with Disabilities Act (ADA) for the purpose of employment, programs, services, activities and facilities.

#### **The Inclusion Process**

Mayfield Village Parks and Recreation believes that all individuals should be provided with leisure opportunities that allow for performance at their highest level of ability. Mayfield Village Parks and Recreation works to assess what accommodations may be provided when an individual with a disability register for a recreation program. These accommodations could include observations, additional training for park and recreation staff, adaptive materials and equipment, or aide assistance in the program.

#### **Requesting Special Accommodations**

Mayfield Village Parks and Recreation makes every attempt to facilitate the inclusion of individuals with special needs into all of our programs and activities. If you have questions about inclusion, please call Mayfield Village Parks and Recreation at 440.461.5163.

The request for inclusion services should be made at the time of registration with Mayfield Village Parks and Recreation The parent/guardian must verify that the participant meets minimum eligibility requirements of the program (i.e., age, level of participation, registration) when registering for the desired program. Please indicate on the registration form that accommodations are needed. Though not required, families are encouraged to contact a member of the Mayfield Village Parks and Recreation team to inform them of the need for support so advanced coordination of services can begin.

#### **EASTER TRAIL EGGSTRAVAGANZA**

Children and grandchildren (newborn-11 yr. olds) of Mayfield Village residents only. A family-friendly event with activities that entertain the whole family. Games/activities along the trail, pictures with the Easter Bunny and entertainers at The Grove. One of the most anticipated parts of the event is the Egg Hunt that takes place at the playground. Kids can gather eggs at this final stop during the Easter Trail Eggstravaganza.

Register by March 22. Must register in advance.

S 11:00 A-1:30 P 4/1 \$5/child



The Grove/Parkview Recreation Area

#### **MOTHER'S DAY PANCAKE BREAKFAST (Sunday, May 14)**

Pizzazz will be on-site cooking a delicious breakfast including pancakes, sausage and hash browns with coffee/ orange juice also provided. Register for a forty-five minute dine-in timeslot. If you wish to enjoy your breakfast at home then a pickup option is available. The Mayfield Village Garden Club will also host its annual Garden Shop Sale during the breakfast.

Registration begins March 21 for Mayfield Village residents and opens to all on April 11. Must register by May 4. You will be able to pick your timeslot for dine-in/pickup when you register. If space is available, walk-ins will be accommodated.

#### Dine-in 8:00 A-12:00 P (reservations are 45 minutes) at Civic Center

By May 5: \$6/child (5-12 yrs.) \$10/adult (13-60 yrs.) \$8/senior Beginning May 6: \$8 child (5-12 yrs.) \$12/adult (13-60 yrs.) \$10/senior

#### Curbside Pickup 7:30-11:15 A (reservations are every 15 minutes) at Pizzazz

\$32 Regular Order (serves 4-6 people, beverages not included) \$20 Additional Order (serves 2-4 people, beverages not included)



Civic Center

#### **COMMUNITY SHRED DAY**

For Mayfield Village Residents. Limit of 5 boxes per household. Secure shredding on-site.

S 9:00 A-12:00 P 5/20



Civic Center

#### **MEMORIAL DAY CELEBRATION**

Join the community in remembering all who perished while serving in the country's armed forces. Mayfield Village and the Disabled American Veterans help lead the ceremony of honoring our veterans of all wars. Music, speeches, Color Guard and all service flags will be honored.

Su 1:00-2:00 P 5/28



Whitehaven Memorial Park

# Mayfield Village FAMILY CRUISE NIGHT

Cruise Night brings cars, music, entertainment and food to Mayfield Village. Classic cars will be able to park in the lots at the center of town, while vehicles older than 1993 can begin cruising along Wilson Mills at 5:00 p.m. Family activities will be scheduled near the gazebo and may include face painting, balloons, music and more! Alfresco dining available at local restaurants. Listen to different music throughout the event: The McCartney Project at Yours Truly, and Suede Concept at Austin's.

Cruise Night is free of charge and any donations collected during the cruise will go to Hillcrest Meals on Wheels. Bring your family and friends and enjoy an incredible event right in Mayfield Village. Park on Beta Drive or Mount Vernon Square and look for the transportation stops to the heart of the festivities. (rain date 6/11 1:00-5:00 pm)

S 4:00-9:00 P 6/10

#### INTERNATIONAL DAY OF YOGA

The International Day of Yoga is an official observance day established by the United Nations in December 2014. The purpose of this day is to promote yoga as a way to not only increase physical activity but as a way to balance physical and mental health. No registration required. Bring a yoga mat.

W 6:00-7:00 P 6/21



The Gazebo

#### INDEPENDENCE DAY CELEBRATION

Kid friendly activities at Parkview Pool from 11:30 a.m.-4:00 p.m. (times subject to change). A variety of entertainment and concession providers will also be onsite at The Grove starting at 5:00 p.m.. A Magic Show will take the stage at 6:00 p.m. Music at The Grove will begin at 7:00 p.m. with Jersey Beat Band. Fireworks at 10:00 p.m. Cars can park in the pool parking lot, the softball parking lot, or the lots at Progressive. Rain date is July 2 for fireworks only.

#### S 11:30 A-10:00 P 7/1

#### PARKVIEW POOL

**THE GROVE** 

Kids Activities
Village residents Free
Regular admission

Music, Kids Activities, Fireworks Free

for others

Parkview Pool/The Grove

#### **MAYFIELD VILLAGE CELEBRATION!**

End of summer get together for Mayfield Village Residents and their guest. Passholders may also attend Parkview Pool to enjoy the celebration. Start the day at Parkview Pool and end at The Grove. Free!

#### Parkview Pool 11:30 A-5:00 P

Cookout & Kids Activities

Mayfield Village Residents and their guests
and passholders only

#### The Grove 5:00-9:30 P

Food, Kids Activities and Music (band: Material Girls) Mayfield Village Residents and guests only

S 11:30 A-9:30 P 8/5



Parkview Pool/The Grove

# SUMMER CAMPS

#### MAYFIELD VILLAGE SUMMER CAMP

(K-7th graders in Fall 2023) Home base is the Parkview Recreation Area. Field trips and entertainment every session. Cookouts, pizza parties, themed days and plenty of outdoor play will be available. Campers should plan on having open swim at Parkview Pool several times a week (swim lessons will also be available for an additional fee). Space is limited to 70 campers (approximately 50 in K-4th and 20 in 5th-7th). The two age groups will be separated for regular activities with the goal of providing age appropriate and engaging activities for each group. In addition, 5th-7th graders will have an additional field trip each session. Note that some activities like swimming will be combined and field trips may be combined. Camp registration starts in January each year.

Session 1: M-F 6/12-6/23

**Session 2:** M-F 6/26-7/7 (no camp 7/4)

Session 3: M-F 7/10-7/21 Session 4: M-F 7/24-8/4

Regular Camp Hours: 9:00 A-3:00 P

Before Camp Care: 7:30-9:00 A (\$6)

After Camp Care: 3:00-5:30 P (\$8)

#### **Per Session Price:**

K-4th: \$265 Mayfield School District Resident or \$290 Non-Mayfield School District Resident

\$290 Non-Mayfield School District Resident

5th-7th: \$275 Mayfield School District Resident or \$300 Non-Mayfield School District Resident

#### **Available Discounts:**

#### **Sibling Discount:**

\$25 off each additional child (applied once per additional child)

#### **4 Session Discount:**

\$25 off each child (must sign up for all 4 sessions at once)

#### **ENGLISH SOCCER ACADEMY SOCCER CAMP**

(6-15 yrs.) The English Soccer Academy will be conducting another fun-filled week of technical training, organized and run by Sean McNamara (Coach Mac), U.S.S.F. 'A' Licensed Coach. The coaches will be working on footskills, shooting, dribbling, heading, tackling, running with the ball, scrimmaging, racing with Kipper Mac, ice-lollies and competing against the coaches. In addition, all participants are invited to attend a pool party at Parkview Pool during the summer. At only \$125 per camper you will be hard pressed to find better value anywhere else; it's the soccer camp deal of the summer! The camp sells out quickly so sign up early! Participants may register online at www.clevelandcobras.com or contact Coach Mac directly at <a href="mailto:seanthecobra@sbcglobal.net">seanthecobra@sbcglobal.net</a>.

M-F9:30 A-12:30 P 6/12-6/16 \$125



Parkview Soccer Fields



#### **ROOKIE SPORTS CLUB SUMMER CAMPS**

#### **JUNIOR NINJA CAMP (AGES 3-5)**

The Rookie Sports Club will provide exciting, active, Ninja-themed games, receive special ninja training, complete fun obstacle courses and even make some ninja crafts. Staff will provide a well-supervised environment that creates positive, social interactions and emphasizes the importance of sportsmanship. Min/Max: 10/25.

M-F 9:30 A-12:00 P 6/19-6/23 \$100



Parkview Soccer Fields

#### **JUNIOR SUPERHERO CAMP (AGES 3-5)**

Join the Rookie Sports Club Superheroes at this fun junior Superhero camp! Children will have a great time engaging in fun themed games and activities where they maximize their imagination. Campers will also create superhero crafts. Staff will provide a well-supervised environment that creates positive, social interactions and emphasizes the importance of sportsmanship. Min/Max: 10/25.

M-F 9:30 A-12:00 P 6/26-6/30 \$100



Parkview Soccer Fields

#### **SOCCER (AGES 8-12)**

Rookie Sports Club leads an age-appropriate program that utilizes fun games and activities to teach the fundamentals to beginning soccer players. Coaches focus on teaching the basics of dribbling, passing, scoring and the concept of game play. Proper sportsmanship is emphasized in a positive and encouraging atmosphere enabling children to enjoy learning soccer while also having fun being physically active. Each week will include both developmentally appropriate instruction as well as recreational, noncompetitive game play. Min/Max: 10/30.

M-F 9:00 A-12:00 P 7/10-7/14 \$110



Parkview Soccer Fields

#### GOLF CAMP (AGES 9-14)

This camp is a great way to become introduced to the sport and also practice skills already learned! Coach Kyle will teach the fundamentals including driving, putting, chipping, and pitching. Participants will also learn about course etiquette and how to score in the game of golf! Participants should bring their own clubs; limited clubs available for use. Rookie Golf Camp is scheduled to use the Parkview Soccer Fields; plans are also being made to get some time on the putting green of Manakiki. Campers should pack a snack and plenty of water. Min/Max: 6/15.

M-F 9:00 A-12:00 P 7/17-7/21 \$135



Parkview Soccer Fields

#### **VOLLEYBALL CAMP (AGES 6-8 & 9-12)**

Have a great time learning the sport of volleyball in the Rookie Sports Club Volleyball Program! Throughout the duration of the program, participants will learn a wide variety of skills including passing, setting, blocking and serving. Older players will also work on spiking. It will include small sided, modified games that help players learn spacing on the volleyball court, communication with teammates, and moving to the ball. The positive atmosphere makes for a fun learning experience catered to all skill abilities! Min/Max: 8/30.

M-F 9:00 A-12:00 P (6-8 yrs.) 7/24-7/28 \$110 1:00-4:00 P (9-12 yrs.)



Parkview Sand Volleyball Courts

#### SPORTS CAMP (entering K-6th Grade)

Have a ball at the Rookie Sports Club Sports Camp! In the mornings, campers will play different sports and activities. Sports will include soccer, football, baseball, hockey and lacrosse. Children will engage in fun drills and recreational, non-competitive scrimmages throughout the week. Campers will also play traditional camp games such as capture the flag, kickball, etc. In the afternoons, the camp will utilize Parkview Pool! Before Care (7:30-9:00 A, \$6/day), After Care (3:00-5:30 P, \$8/day). Min: 10/Max: 60

M-F 9:00 A-3:00 P 8/7-8/11 Week 1 \$160/wk 8/14-8/18 Week 2



Parkview Fields/Pavilion

#### SKYHAWKS SPORTS ACADEMY SUMMER CAMPS

**HELD AT PARKVIEW SOCCER FIELDS** 

# FLAG FOOTBALL FUELED BY USA FOOTBALL (AGES 5-7 & 8-12)

Experience the excitement of football! Using a curriculum developed by the experts from USA Football, coaches will teach skills like passing, receiving, kicking and flag pulling. Participants will gain confidence and learn important life lessons in a fun, positive environment. Min/Max: 8/20. **Registration Deadline: 6/5**.

M-F 9:00 A-12:00 P (5-7 yrs.) 6/12-6/16 \$149 1:00-4:00 P (8-12 yrs.)

#### CHEERLEADING (AGES 5-7 & 8-12)

This class teaches young athletes the essential skills to lead the crowd and support the home team! Each participant will learn cheers, proper hand/body movements and jumping techniques. There is no stunting, just a big focus on fun while each cheerleader learns important life skills such as teamwork and leadership. The program concludes with a final cheer performance. Min/Max: 6/16. **Registration Deadline: 6/5**.

M-F 9:00 A-12:00 P (5-7 yrs.) 6/12-6/16 \$145 1:00-4:00 P (8-12 yrs.)

#### TRACK & FIELD (AGES 6-12)

The fundamentals of body positioning, stride, proper stretching and cool-down techniques are taught. Track and field events include javelin, discus, shot put, hurdles, long jump, triple jump and various running and relay events (activities may vary). Min/Max: 8/20. **Registration Deadline: 6/12. NOTE: This camp starts on Tuesday.** 

T-F 9:00 A-12:00 P 6/20-6/23 \$115





# YOUTH PROGRAMS & SPORTS



- Available for anyone 8 years and older
- Parent/caregiver must stay with a child under the age of 14 or anyone who needs one on one assistance
- All programs are held in the Community Room/Civic Center

#### **DEMOS**

Are you looking to try a new food? Or maybe you're looking for some new recipes to make? Then our demonstration kitchen is where you need to be! We will be welcoming LaDonna of Let's Cook into our kitchen to share with us some easy, delicious healthy meals that can easily be made at home in no time. Please note that recipes do use nut milks, if you have an allergy we do not recommend taking this class.

#### **Dairy Free Mac and Cheese**

Do you like mac and cheese? How about mac and cheese with a healthy twist! Join us for a demo in the kitchen as we learn how to turn potatoes and carrots into a delicious creamy cheese sauce that we will put over noodles to make mac and cheese. All attendees will receive a copy of the easy to follow recipe as well as a sample of the meal to try. Min/Max: 6/20. **Registration Deadline: 3/1**.

W 6:00-7:30 P 3/8 \$5

#### Thai Pineapple Fried Rice

What better way to brighten yourself up than with a super easy to make, healthy, yummy and colorful pineapple fried rice. Join us in the demo kitchen as we enjoy the tastes of Thailand mixing together traditional Thai spices with sweet and tangy pineapple to make a flavorful rice that can be enjoyed as a side or main. All attendees will receive a copy of the easy to follow recipe as well as a sample of the meal. Min/Max: 6/20. **Registration Deadline: 4/26**.

W 6:00-7:30 P 5/3 \$5

#### **HANDS ON COOKING CLASSES**

Each attendee is supplied with a double induction burner, and a kit containing everything they will need to cook the meal we are making. Step-by-step instruction will be given. Be sure to bring a container to take any of your leftovers home.

#### Pizza In The Pan

Do you love pizza? Have you wanted to make pizza but don't really feel confident in your use of the oven? Well, this class is the class for you! Learn how to make a quick and easy pizza dough that gets cooked on the stove. Yep, a pizza made in the pan on the stove. In this class chefs will make a quick and easy pizza dough from scratch and a zesty pizza sauce to use as we make handmade pizzas. Chefs will be offered vegetables as well as dairy free or regular cheese to top their pizzas. Min/Max: 3/8. Registration Deadline: 3/29.

W 6:00-8:00 P 4/5 \$25

#### **Lentil Tacos**

Could you taco bout tacos all day? Then this taco class is where you should be. In this hands on class, each chef will learn to prepare their own lentil taco filling to be enjoyed on hard or soft shells at the end of class. Min/Max: 3/8.

Registration Deadline: 5/31.

W 6:00-8:00 P 6/7 \$25

#### **CANVAS PAINTING**

(5 yrs+) No experience needed! The So-So Artsy Staff will give step by step instruction so painting a canvas is something all abilities can do. All necessary supplies provided! Let your creativity flow and put your own spin on a pre-selected design. Each date will be a new picture! Create a beautiful work of art for home, office or as a gift for someone else. Anyone ages 5-13 years must be accompanied by an adult. For anyone who cannot participate independently, a parent or caregiver must be present and available to assist. **Registration Deadline:** the Friday before each date.

Th 6:00-7:15 P

3/9, 4/13, 5/11

\$20/date



Civic Center

#### MAD SCIENCE: SCIENCE SAFARI

(3<sup>rd</sup>-5<sup>th</sup> gr.) Go on an expedition of fun with new STEM skills and techniques each week. From asteroids to robots, circuits to movie making, these excursions are overflowing with awesome activities! Atmosphere and Beyond, Get Connected, Kitchen Chemistry, Movie Effects, Radical Robots and Space Phenomena. **Registration Deadline: 3/15.** 

Th 5:30-6:30 P

**3/23-5/11** (except 3/30 & 4/6) **\$120** 



Civic Center

#### **KIDS YOGA**

(4-7 year olds). Participants will strengthen their bodies and balance through a series of yoga poses in a fun environment. Games, stories and music are incorporated into each class, as well as mindfulness activities. Everyone will learn breathing exercises to calm their minds and bodies as well as some relaxing visualization techniques during class. Please bring a water bottle & yoga or exercise mat. Instructor Jaclyn Zeigler, Mom of 3, RYT 200 hrs. & certified in children's yoga. **Registration Deadline: by 4:00 pm on 3/30 and 4/21**. If minimum enrollment is met then registration will stay open online until an hour before class.

New pop-up classes and sessions (also for adults) are often added. To be placed on list to receive more information email <u>decht@mayfieldvillage.com</u>

F 10:00-10:30 A S 10:00-10:30 A 3/31 4/22 \$15/child \$15/child

**Q** Civic Center



### ROOKIE PRESCHOOL PHYSICAL EDUCATION CLASSES

(3-5 yrs.) Get your child moving with this new and exciting preschool physical education program!
Rookie SportsClub has combined multiple successful curriculums to bring a new program that not only keeps children engaged and moving but also teaches them about their bodies. The classes use a combination of fast paced music, physical education equipment, appropriate exercises and movement stories. Children will have a great time exploring movement while learning how to take care of their bodies. This unit will focus on the brain and heart. Min/Max: 8/15 participants.

Registration Deadline: 4/5.

W 9:00-9:40 or 10:00-10:40

4/12-5/3

\$55



Civic Center

# MAYFIELD SOCCER CLUB RECREATIONAL SPRING LEAGUE

For boys & girls in K-8th grade (K-1st and 2nd-3rd grades have separate boys and girls teams, 4th-5th and 6th-8th grades are co-ed). The objective is to teach basic soccer fundamentals, good sportsmanship and how to have fun. Shin guards and soccer cleats are required. The season will start in early April and end in May (weather permitting). Practice will be once a week. Games are on Saturdays. Coaches at all grades needed; coaches' children are given a full registration fee waiver. Referees, 7th grade and up, are also needed. **Registration is online only.** Visit mayfieldsoccer.com to register and for more information. Email rec@mayfieldsoccer.com for any additional questions.



- · All classes held at the Civic Center
- Participants should wear comfortable clothing; ballet attire is optional and always encouraged for ballet classes!
- Registration Deadlines: For Wednesday sessions, the Friday before. For Friday sessions, the Wednesday before. Classes may be cancelled or combined if enrollment minimums are not met.
- Additional classes or special offerings may be offered. If you would like to be included on a mailing list to receive more information as it becomes available, email decht@mayfieldvillage.com

#### **Wednesday Classes**

#### Little Hip Hop (4-7 yrs.) 3:45-4:15 P

Learn hip hop moves and perform them to upbeat kid friendly music. Games, activities and some tumbling will also be part of the fun! This class helps develop coordination, strength, flexibility and spatial awareness.

#### Ballet & Creative Movement (5-9 yrs.) 4:30-5:00 P

This class will incorporate ballet movements and incrementally advanced choreography with a variety of musical stylings, ranging from classical (The Nutcracker, Swan Lake) to contemporary (Frozen, Moana). This class is perfect for dancers who have attended Preschool Ballet 1 & 2 and are looking to refine their technical dance skills. No prerequisite required.

#### Hip Hop & Tumble (7-12 yrs.) 6:15-6:45 P

Dance along to upbeat, fun hip hop routines and learn basic tumbling skills. This class focuses on coordination, strength, balance, flexibility, and spatial awareness.

W	5/3-5/24	Spring 2	\$55/session
	6/7-6/28	Summer 1	
	7/12-8/2	Summer 2	

Summer 3

Civic Center

8/16-9/6

#### **Friday Classes**

#### Move and Groove (1-3 yrs.) 10:20-10:50 A

Dancing and tumbling promote coordination, strength, flexibility and spatial awareness. Wear comfortable clothing. Caregiver must attend.

#### Bitty Ballet (2-3 yrs.) 11:00-11:30 A

This class is designed for the tiny dancer and parent/caregiver. While dancing along to fun songs, dancers will gain exposure to ballet and the basics, preparing them for more structured classes in the future (see Preschool Ballet).

#### Preschool Ballet (3-5 yrs.) 11:40 A-12:10 P

Children will learn basic ballet terms, position, stretching balance and coordination. Caregiver must attend.

F	4/7-4/28	Spring 1b	\$55/session
	5/5-5/26	Spring 2	
	6/9-6/30	Summer 1	





#### WILDCAT YOUTH RUNNING CLUB

(2nd-6th gr. in Mayfield School District). Running can be done anytime and anywhere without a court, a pool, a ball, or a team. Running does not only help the physical body, it helps improve mental health as well. Michele Fortuna, a Mayfield School teacher and former track coach created this program to introduce the sport of running in a non-competitive environment. All classes will have a warm-up, group runs and end with stretching and cool-down. This program is instructional with an emphasis on learning the fundamentals and being active. Make-ups may be held on Thursdays. **Registration Deadline: 4/7.** 

M/W 6:00-7:00 P

4/10-5/24

\$65

Mayfield High School Track/Parkview Recreation Area

#### MAYFIELD GIRLS VOLLEYBALL LEAGUE

(3rd-4th gr. & 5th-6th gr.) Led by Mayfield High School Varsity Coach and staff, participants will have hands on instructions to teach the basics of serving, setting, passing, court positions and rules. Three weeks of practice and then three weeks of games against Orange and Hathaway Brown. **Registration Deadline: 4/3.** 

S 1:00-2:15 P

4/15-5/13

\$67



Mayfield High School

#### GIRLS SAND VOLLEYBALL

(5th -8th gr. in Fall 2023) This part instructional, part match play program will help those of all skill levels. Whether just starting out, or hoping to make a school team, this program is just for you! Led by Peter Mihu, a volleyball coach for 19 years and a certified referee. Each week will start off working on skill development then break into teams for match play. All participants receive a jersey. Max: 40 participants. **Registration Deadline: 5/26.** 

Su 10:00 A-12:00 P 6/4-7/16 (except 7/2)

\$55



Parkview Volleyball Courts

#### **COED KICKBALL**

(8-14 yrs.) Each week the participants will be split up into two teams to play against each other. No formal teams or standings kept; basically "pickup" format. Participants should come ready to play in comfortable clothing and closed toed shoes; bring water. If registered for Mayfield Village Summer Camp and kickball, staff will walk campers over to the field after camp. Min/Max: 15/30.

M 5:45-6:45 P 6/12-7/10 (except 7/3) Summer 1 \$20 M 5:45-6:45 P 7/24-8/14 Summer 2 \$20



Parkview Softball Green Field

Registration Deadline: 6/7 and 7/19.





### **ROOKIE SPORTS CLUB PROGRAMS**

#### **SOCCER (Ages 3-4 & 5-6)**

Rookie Sports Club leads an age-appropriate program that utilizes fun games and activities to teach the fundamentals to beginning soccer players. Coaches focus on teaching the basics of dribbling, passing, scoring, and the concept of game play. Proper sportsmanship is emphasized in a positive and encouraging atmosphere enabling children to enjoy learning soccer while also having fun being physically active. Each week will include both developmentally appropriate instruction as well as recreational, noncompetitive game play. Min/Max: 10/30.

S	<b>10:15-11:00 A</b> (3-4 yrs.)	4/22-5/20	Spring	\$75
	<b>11:15 A-12:00 P</b> (3-4 yrs.)			
	<b>12:15-1:00 P</b> (5-6 yrs.)			
S	<b>10:15-11:00 A</b> (3-4 yrs.)	6/17-7/22	Summer	\$75

11:15 A-12:00 P (3-4 yrs.) **12:15-1:00 P** (5-6 yrs.)

Parkview Soccer Fields

#### **TENNIS (Ages 3-4 & 5-6)**

The Rookie Sports Club Tennis program is a great introduction for beginning players. Each week will include fun, developmentally appropriate activities that will be used to help younger players become comfortable with the game of tennis. The coaches create a positive learning environment that encourages skill development while providing an exciting tennis experience!

#### Min/Max: 8/15

М	<b>6:15-7:00 P</b> (3-4 yrs.)	4/24-5/22	Spring	\$75
	<b>7:15-8:00 P</b> (5-6 yrs.)			
M	<b>6:15-7:00 P</b> (3-4 yrs.)	6/12-7/17	Summer	\$75
	7:15-8:00 P (5-6 yrs)	•		



#### T-BALL (Ages 3-4)

Rookie T-Ball is a great introduction to the game of baseball for young children. Using age-appropriate activities, players will be introduced to baseball fundamentals in a fun and supportive atmosphere. Each week the program will include an instructional portion including batting, base running, fielding, throwing, and catching. A modified game will be played each week. Parent participation is strongly encouraged to allow the program to run smoother. Children should bring their own glove. Min/Max:10/32 on Tuesdays and 10/48 on Fridays.

T	6:15-7:00 P	4/25-5/23	Spring	\$75
F	6:15-7:00 P	4/28-5/26	Spring	\$75
F	6:15-7:00 P	6/16-7/14	Summer	<b>\$75</b>



#### **COACH PITCH BASEBALL (Ages 5-6)**

This program is a great introduction to coach-pitch baseball for young baseball players. The instructional portion of the program utilizes developmentally appropriate drills with modifications and/or progressions designed to help every child improve their baseball skills despite their current abilities. Skills taught will include batting, fielding, throwing, and catching. A modified, non-competitive game will be played each week. As the weeks progress, new aspects of the game/game scenarios will be added to allow children to learn within the game context. Children will be able to use a tee during the game if they are having difficulty hitting a pitched ball. Parent participation is encouraged to allow the program to run smoother. Children should bring their own glove. Min/Max: 10/32 on Tuesdays and 10/48 on Fridays.

Т	7:15-8:00 P	4/25-5/23	Spring	\$75
F	7:15-8:00 P	4/28-5/26	Spring	\$75
F	7:15-8:00 P	6/16-7/14	Summer	\$75



Parkview Softball Fields

#### GOLF (Ages 5-7 & 8-12)

The Rookie Sports Club Golf Program welcomes players of all skill abilities to learn and practice golf fundamentals. Skills taught will include driving, putting, chipping, and pitching. Children should bring their own clubs. Limited clubs available for use. Min/Max: 8/15.

6/15-7/13 \$75 **Th 6:15-7:00 P**(5-7yrs.) **Th 7:15-8:00 P** (8-12 yrs.)



Parkview Softball Green Field





# TENNIS PROGRAMS at Parkview Complex

#### 6 Lessons per session - Instructor: Coach Joe Morgan 8 kids maximum per session

Session 1 6/12-6/28 M&W OR 6/13-6/29 T&Th Session 2 7/10-7/26 M&W OR 7/11-7/27 T&Th

#### QUICK START TENNIS TOTS (5-6 YRS)

This program is designed for all players interested in learning the great game of tennis using age-appropriate equipment. The practice sessions for this age group utilize a 36' court and play with 19", 21", and 23" racquets and foam balls. The structure for this program consists of warmup activity, a physical skill, a review of physical skills, development of a new skill, and a team game or activity. This will allow for the players to have initial success and create greater enthusiasm for the game of tennis. Please bring a pee wee tennis racquet and water bottle to class. Your child should wear tennis shoes and loose, comfortable clothing.

8:15-9:00 A \$75/session

#### QUICK START SUPERSTARS (7-9 YRS)

This program is designed for all players interested in learning the great game of tennis using age-appropriate equipment. The practice sessions for this age group utilize a 36' court and play with 19", 21", and 23" racquets and foam balls. The structure for this program consists of warmup activity, a physical skill, a review of physical skills, development of a new skill, and a team game or activity. This will allow for the players to have initial success and create greater enthusiasm for the game of tennis. Please bring a pee wee tennis racquet and water bottle to class. Your child should wear tennis shoes and loose, comfortable clothing.

9:00-9:55 A \$75/session

#### **LEVEL 1 (10-12 YRS)**

Students will learn hand-eye coordination, footwork, basic racquet skills and stroke pattern. Games will be played to introduce students to tactics and strategy. Please bring your own 24-27" racquet, a water bottle, and wear tennis shoes with loose, comfortable clothing.

10:00-10:55 A \$75/session

#### PLAY TENNIS TEENS (13-18 YRS)

This offering is about better preparing our juniors to be game ready players. Participants will learn how to gather information and learn how to think on the court. This will enable these players to process feedback and gain the awareness and understanding of the principles which underlie all technical & tactical decision making in tennis.

11:00-11:55 P \$75/session

#### **ADULT INSTRUCTION: USA 1,2,3**

**Beginner Level** Players will focus on developing good habits and then will be introduced to all of the basic techniques. Participants should come to class with energy, enthusiasm and focus to progress to reach the performance level to enjoy the playing experience. Max: 8 players.

T 6:00-7:30 P 6/6-6/27 Session 1 \$75 T 6:00-7:30 P 7/11-8/1 Session 2 \$75

**Intermediate Level** A skill will be presented each week followed by a drill to rehearse and ingrain the technique to enhance learning. Max: 8 players.

**T** 7:30-8:30 P 6/6-8/1 (except 7/4) \$95

#### **ADULT 18 & OVER TENNIS LEAGUES**

Players must have a minimum advanced beginner skill level to qualify. Dream matchups will change from week to week. Must bring own balls and water bottle. Sublist are allowed for league play.

Men's Doubles 2.5

M 7:00-8:30 P 6/12-7/17 \$35/person

Men's Singles 3.0

T 7:00-8:00 P 6/13-7/18 \$35/person

Women's Singles 3.0

W 7:00-8:00 P 6/14-7/19 \$35/person

Coed Doubles 3.0/3.5

Th 7:00-8:30 P 6/15-7/20 \$35/person

Men's Doubles 3.0/3.5

S 10:30 A-12:00 P 6/17-7/22 \$35/person

# PICKLEBALL PROGRAMS Instructed by Mike Manes & Joe Morgan

#### Beginner/Intro (12-18 yrs.)

Pick a day to attend once a week for the entire session.

M, T, W, Th 2:00-3:00 P 6/12-6/29 Session 1 \$35/day 7/10-8/3 Session 2

#### Beginner/Intro (18 yrs.+)

Learn the fundamentals and basic rules of the game. 16 players per session.

S 9:30-10:30 A 6/3-6/24 Session 1 \$35/ 7/8-7/29 Session 2 session

#### Adult 3.0 Level (18 yrs+)

16 players per session

S 10:30-11:30 A 6/3-6/24 Session 1 \$35/ 7/8-7/29 Session 2 session

#### Senior 3.0 Level (60 yrs. +)

20 players per session

F 9:30 -10:30 A 6/2-6/23 Session 1 \$35/ 7/7-7/28 Session 2 session 8/4-8/25 Session 3



# ADULT PROGRAMS/SPORTS



Registration and information will be sent to returning teams from 2022. New teams can contact the Recreation Department for details, 440.461.5163. The leagues listed below play at fields/courts at the Parkview Recreation Area.

#### **YOGA BLEND**

Enjoy 45 minutes of self-care and movement as you close out your day during this adult yoga blend class. We will combine yoga poses and core work, incorporating correct alignment and muscle toning exercises using our own body resistance along with breathwork and mindfulness. Class will end with deep stretches, relieving muscle tension. This class is wonderful for all levels looking to tone and lengthen their muscles while improving balance, strength and flexibility. Adults 18 years plus and mature teens welcome! Bring a water bottle & yoga or exercise mat. Instructor: Jaclyn Zeigler, Mom of 3, RYT 200 hr. & Certified in Children's Yoga.

Registration Deadline: 4:00 p.m. on Wednesday, February 22. If minimum enrollment is met then registration will stay open online until an hour before

Th 7:00-7:45 P 4/6-4/27 \$50



#### COED 18 & OVER SPRING/ SUMMER SOCCER LEAGUE

Played on Tuesday and/or Thursday evenings. Officials' fees will be paid each night in cash.

**T/Th** 6:15/7:30 P 5/9-7/27 \$290/team (officials fees paid at field each game)

#### MEN'S 50 & OVER SOFTBALL LEAGUE

**M/W** 6:30-9:30 P 5/1-9/6 \$525/team (umpire/scorekeeper fees paid at field each game)

#### MEN'S 18 & OVER SOFTBALL LEAGUE

**T/Th** 6:30-10:30 P 5/2-9/14 \$525/team (umpire/scorekeeper fees paid at field each game)

#### LADIES BOCCE LEAGUE

M 6:30-9:30 P 6/5-7/31 \$80/team/4 players

#### **COED BOCCE LEAGUE**

Th 6:30-9:30 P 6/8-7/27 \$80/team/4 players





# ADAPTED RECREATION

Activities designed for individuals with physical, sensory or developmental disabilities. The programs listed below are open to all abilities. Participants who are not capable of participating independently must be accompanied by parent or caretaker. In order to avoid cancelling programs, we need the cooperation of participants to sign up by deadlines. Contact decht@mayfieldvillage.com for more information about these programs.

Other Resources For Programs: Solon Blue Ribbon, Lake Metroparks, Bedford Parks & Recreation, Orange Recreation, LEAP, Down Syndrome Association of Northeast Ohio.

Lets Cook a mobile cooking school

• Available for anyone 8 years and older

• Parent/caregiver must stay with a child under the age of 14 or anyone who needs one on one assistance • All programs are held in the Community Room/Civic Center

#### **DEMOS**

Are you looking to try a new food? Or maybe you're looking for some new recipes to make? Then our demonstration kitchen is where you need to be! We will be welcoming LaDonna of Let's Cook into our kitchen to share with us some easy, delicious healthy meals that can easily be made at home in no time. Please note that recipes do use nut milks, if you have an allergy we do not recommend taking this class.

#### Dairy Free Mac and Cheese

Do you like mac and cheese? How about mac and cheese with a healthy twist! Join us for a demo in the kitchen as we learn how to turn potatoes and carrots into a delicious creamy cheese sauce that we will put over noodles to make mac and cheese. All attendees will receive a copy of the easy to follow recipe as well as a sample of the meal to try. Min/Max: 6/20. Registration Deadline: 3/1.

6:00-7:30 P 3/8 \$5

#### Thai Pineapple Fried Rice

What better way to brighten yourself up than with a super easy to make, healthy, yummy and colorful pineapple fried rice. Join us in the demo kitchen as we enjoy the tastes of Thailand mixing together traditional Thai spices with sweet and tangy pineapple to make a flavorful rice that can be enjoyed as a side or main. All attendees will receive a copy of the easy to follow recipe as well as a sample of the meal. Min/Max: 6/20. Registration Deadline: 4/26.

W 6:00-7:30 P \$5 5/3

#### HANDS ON COOKING CLASSES

Each attendee is supplied with a double induction burner, and a kit containing everything they will need to cook the meal we are making. Step-by-step instruction will be given. Be sure to bring a container to take any of your leftovers home.

#### Pizza In The Pan

Do you love pizza? Have you wanted to make pizza but don't really feel confident in your use of the oven? Well, this class is the class for you! Learn how to make a quick and easy pizza dough that gets cooked on the stove. Yep, a pizza made in the pan on the stove. In this class chefs will make a quick and easy pizza dough from scratch and a zesty pizza sauce to use as we make handmade pizzas. Chefs will be offered vegetables as well as dairy free or regular cheese to top their pizzas. Min/Max: 3/8. Registration Deadline: 3/29.

W 6:00-8:00 P 4/5 \$25

#### **Lentil Tacos**

Could you taco bout tacos all day? Then this taco class is where you should be. In this hands on class, each chef will learn to prepare their own lentil taco filling to be enjoyed on hard or soft shells at the end of class. Min/ Max: 3/8. Registration Deadline: 5/31.

W 6:00-8:00 P 6/7 \$25



#### **CANVAS PAINTING**

(5 yrs+) No experience needed! The So-So Artsy Staff will give step by step instruction so painting a canvas is something all abilities can do. All necessary supplies provided! Let your creativity flow and put your own spin on a pre-selected design. Each date will be a new picture! Create a beautiful work of art for home, office or as a gift for someone else. Anyone ages 5-13 years must be accompanied by an adult. For anyone who cannot participate independently, a parent or caregiver must be present and available to assist. **Registration Deadline:** the Friday before each date.

Th 6:00-7:15 P 3/9, 4/13, 5/11 \$20/date



Civic Center

#### INDOOR WATER EXERCISE

(10 years+) Movement in water is a great way to experience low impact exercise & great for cardiovascular health. Participants move at their own pace within their own comfort level. Instructor: Kate Sullivan. Registration Deadline: the Friday before each session.

T 6:30-7:30 P 4/4-4/25 Spring 1 \$21/session 5/2-5/23 Spring 2 5/30-6/20 Spring 3



#### **DANCE FITNESS FUN**

(13 yrs+) This is a low impact dance class where Miss Leah teaches choreographed moves. All moves can be modified and done with your own twist. Come get some exercise, boost your mood, express yourself and move with the music at your own pace. Min/Max: 5/15. Registration Deadline: the Monday before each session.

W 5:15-6:00 P 3/22-4/19 Spring 1 \$45/session (except 3/29)
5/3-5/24 Spring 2
6/7-6/28 Summer 1
7/12-8/2 Summer 2
8/16-9/6 Summer 3



Civic Center

#### **BOCCE BALL**

(10 yrs+) Bocce ball has simple rules, making it a fun and easy game for all ages to learn and play. Bocce is the third most popular sport in the world! Try your luck at this low impact sport and enjoy playing against other people each week. Bring your own water. Min/Max: 10/30. **Registration Deadline: 4/27, 6/2.** 

T 6:00-7:00 P 5/2-5/23 Spring 1 \$16 W 6:00-7:00 P 6/7-6/28 Spring 2 \$16



Parkview Bocce Courts

#### **KICKBALL**

(10 yrs+) This game is fairly simple and tons of fun. Take turns fielding, kicking and running the bases. Each week participants will be split into teams and a friendly game will be played. Come dressed in comfortable clothes and close toed shoes. Bring your own water. Min/Max: 10/30. **Registration Deadline: 4/27, 6/2.** 

Th 6:00-7:00 P 5/4-5/25 Spring 1 \$16 T 6:00-7:00 P 6/6-6/27 Spring 2 \$16



Parkview Softball Green Field

#### **SPRING DANCE**

(13 yrs.+) Come celebrate Spring and welcome Summer with a friendly bunch of people! Besides listening and dancing to awesome music, there will be games and coloring available. This dance is a great way to have a little bit of fun and socialize at the same time. There will be pizza, chips, dessert and a beverage served at 6:00 p.m. Limited to 50 participants. Must register in advance! Registration Deadline: 5/11.

F 5:00-7:30 P 5/19 \$6



#### YOGAREACH EMBRACE ABILITIES

(13 yrs+) Embrace Abilities teaches an integrated system of adaptive poses, breath work, daily function skills, movement exercises, meditation practices, and facilitates ongoing conversations. Students focus on what they can achieve; an optimistic approach is reinforced. This will be an outdoor program. Wear comfortable clothes and bring a mat. Instructor: Heidi Wuescher. **Registration Deadline: 4/28.** 

T 4:45-5:45 P 5/2-6/6 \$65



#### **AQUACIZE**

(10 yrs+) This class is all about movement in the water. Swimming skills are not required. All exercises are performed in an area in the pool where everyone can touch the bottom. It is a relaxed atmosphere, with low impact movements and everyone goes at their own pace. Caregiver must get in water if participant needs individual assistance. Min/Max: 5/20. **Registration** 

Deadline: 6/5 and 6/29.

Th 6:00-6:45 A 6/8-6/29 Session 1 \$30/ 7/6-7/27 Session 2 session



Parkview Pool

#### **WIFFLE BALL**

(10 yrs.+) A fun variation of traditional baseball! This game is very user friendly! Everyone will use a soft ball and an oversized plastic/foam bat. No helmets needed; glove optional (bring your own if you want). Join the group each week in this non-competitive game and enjoy playing defense in the field, hitting and running the bases. Bring your own water. Min/Max: 10/30. **Registration Deadline:** 7/28.

W 6:00-7:00 P 7/6-7/27 \$26/ Th 6:00-7:00 P 8/3-8/31 (except 8/10) session



Parkview Softball Green Field

#### **LEARN HOW TO KAYAK**

(All ages) Wondering what it's like to get on the water in a canoe or kayak? Come learn and observe or if you want, take a turn in a canoe or kayak and practice some skills. We will be in the safety of shallow waters, there will be staff in the water, and all participating will wear a life vest. Helmets may be required. All equipment provided. **Registration Deadline: 8/4.** 

Th 5:30-6:30 P 8/10 \$5



Parkview Pool

# 440.919.2332 SENIOR PROGRAMS



All programs held in the Community Room unless otherwise noted Programs are free unless noted

#### **MAHJONG**

Drop in to play Mah Jong. Bring your cards if you have a set. Coffee, tea and water supplied.

M 1:00-4:00 P

#### **CARDS**

Drop in every Thursday to play Pinochle, Hand & Foot, or Bridge. Coffee, tea, and water available.

Th 1:00-4:00 P

#### THE SIPPIN' SOCIETY

Hosted by CPA. Every month members will receive a 'tea of the month' to sip and an edible treat to indulge in during our monthly meeting!

T 2:00 P 2nd Tuesday of every month \$10 Membership Fee for 2023

#### WATERCOLOR OPEN ART STUDIO

This Open Art Studio is a collaboration of current watercolor students with no instructor. Prior to each session, students pick and vote on pictures that will be painted over the course the four weeks. Students will support and critique each other while offering ideas on how to improve their techniques. \*Note if an instructor is secured for the class, the below information is subject to change.

W 9:00 A-12:00 P \$12/Session

Winter Session 3: 3/1-3/22 Spring Session 1: 3/29-4/19 Spring Session 2: 4/26-5/17 Summer Session 1: 5/24-6/14

#### **FOOT CLINICS**

#### WITH DR. KELLY WHALEY

Call 440.919.2332 to make an appointment. F 3/3, 3/24, 4/14, 4/28, 5/12, 5/26, 6/9, 6/23, 7/14, 7/28, 8/11, 8/25, 9/8, 9/22 \$25/date

#### **WALKING CLUB**

Between the Greenway Trail, Wetlands, and North Chagrin Metroparks, Mayfield Village has many amazing areas to get exercise. On-going program, no need to register, just show up and be ready to walk!

#### F 10:00 A Starts March 3 (weather permitting)



Parkview Pool Parking Lot

#### **MEALS WITH PICCOLO**

Enjoy a warm meal from Piccolo on the first Tuesday of every month (\*exception dates). Pickup meals at the Community Room between 3:45-4:45 P the day of. **Regsitration Deadline: the Friday before each date.** \$12/meal.

March 7: Chicken Parmesan with cavatelli marinara, salad, bread

**April 4:** Chicken Marsala, cavatelli marinara, green beans, bread

May 2: Lemon chicken, roasted potatoes, veggies

June 6: Penne with meat sauce, salad, bread

**July 11:** Bowtie tomato cream, sausage, peas, mushrooms, salad

**August 1:** Cavatelli marinara with meatball, green beans, bread

**September 12:** Chicken Parmesan with penne marinara, green beans, bread

#### BRAINERCIZE CLASSES

Hosted by CPA. It is important to keep minds sharp as they age. Brainercize consists of mentally challenging activities such as puzzles, trivia and memory games in a fun and friendly atmosphere. Register a week prior to the class you want to attend. Walk-ins welcome.

M 3:00-4:00 P 3/20, 4/17, 5/15, 6/19, 7/17, 8/21, 9/18

#### **AARP SAFE DRIVING COURSE**

Learn new laws in effect and get refreshed on rules of the road. **Registration Deadline: 4/3.** 

T 10:00 A-2:30 P 4/4 \$20/AARP Member \$25/Non Member



#### **BALANCE & CHAIR YOGA**

The focus will be on improving balance, flexibility and strength. Instructor: Lois Wiesbrook. **Registration Deadline: the Wednesday before each session.** 

W 2:00-3:00 P \$60/session

Spring 1: 4/5-5/10 Spring 2: 5/17-6/21 Summer 1: 6/28-8/2 Summer 2: 8/9-9/13

#### **GRIEF RECOVERY GROUP**

The Grief Recovery Method® program creates a safe environment to explore old beliefs about dealing with loss; to look at what other losses have affected your life; and to take new actions that lead to completion. The group will meet each Thursday morning for eight weeks to offer consistent support through your journey to grief recovery. Denise Puhlman from Traditions Health will lead the group.

Th 10:00-11:00 A 4/6-5/25

## SPANISH LESSONS with Instructor Cristina Sempe

**Spanish 1:** This class is designed to help new students learn Spanish. Speaking, reading, writing, and listening to the language in an easy and enjoyable way! It teaches grammar and conversation in the mist logical order to enable you to develop your language skills naturally. Each step you take will lead you to the next. It requires time away from the classroom to study in order to be successful!

**Spanish 2:** This is a continuation of Spanish I. The student will learn more vocabulary, verbs and grammar. This will also require time away from the classroom to study in order to be more successful.

F 12:00 A-1:00 P (Spanish 1) 4/14-5/5 Spring 1 1:00-2:00 P (Spanish 2) 5/12-6/2 Spring 2 6/9-6/30 Summer 1 7/7-7/28 Summer 2

\$44/session

#### **APRECIATION LUNCHEON**

We want to show our appreciation to all of you who support our programs throughout the year! Come enjoy food and music while you talk with friends and hopefully meet new ones! Registration Timeline: Registration begins on March 1 for Mayfield Village Residents and is ongoing until full. Beginning April 17, registration opens up to all seniors outside of Mayfield Village. Limited to 80 spots.

Th 12:00-2:00 P 5/11

## SENIOR PICNIC FOR MAYFIELD VILLAGE SENIOR RESIDENTS

Traditional picnic fare of hamburgers, hot dogs, potato salad, etc. Vegetarian option available upon request. **Registration Deadline: 7/6.** 

F 12:00-2:00 P 7/21

Parkview Pool Pavilion

#### PRESENTATIONS WITH PIZZAZZ: FAMOUS PEOPLE FROM OHIO

Join Susan Cannavino as she discusses the lives of famous people from Ohio including fan favorites: Bob Hope, Doris Day and Annie Oakley. This presentation is just the tip of the iceberg-but boy what a tip! Min: 15 participants. **Registration Deadline: 7/18.** 

T 11:00 A-12:00 P 7/25 \$10



All programs held at Governor's Village

Call Senior Services to register: 440.919.2332 (unless noted)

#### **LUNCH & MOVIES**

Call Senior Service office to find out movie and lunch details, and to register. Max: 20 participants. **Registration Deadline: the Wednesday before each date.** 

W 12:30 P 3/15, 4/19, 5/17, 6/21, \$5/date 7/19, 8/16, 9/20

#### **ART THERAPY**

#### **Embroidery Hoop Easter Bunny**

Make fun, cute, and easy Easter Bunnies using different material, fabric and embroidery hoops. Coffee and coffee cake will be served. Max: 15 participants.

T 2:00 P 3/28

#### PATRIOTIC SUMMER WREATH

Make a fantastic red white and blue "Let's Barbeque" wreath. Lemonade and sugar cookies will be served. Max: 15 participants.

T 2:00 P 6/27

#### **METS TRAVEL CLUB**

METS stands for Meet Eat Traveling Seniors and will be hosting a variety of trips throughout the year. Trips are limited to 11 people and signups are done 30 days prior to the date. You must also complete a METS membership which includes emergency contact info. Trips depart from/return to Governor's Village. Contact Governor's Village at 440.449.8788 for more details, receive paperwork and/or to register. METS Travel Club trips are listed below.

#### PRESQUE ISLE DOWNS AND CASINO

Head to Erie, PA for an afternoon at the Casino. Cost includes transportation only. Food, gambling and shopping are on your own. **Registration Deadline: 2/20.** 

M 9:15 A-6:00 P 3/20 \$20

#### **SENECA NIAGARA CASINO**

Travel up to Niagara Falls, NY. Options of seeing Musical Tribute to Motown (starring Bobby Wilson) or Niagara Falls Underground Railroad Heritage Center. **Registration Deadline: 3/20.** 

T 7:15 A-8:00 P 4/25 \$70 (transportation/concert) \$35 (transportation/Heritage Center) \$25 (transportation only)



#### **COOKING DEMOS**

Are you looking to try a new food? Or maybe you're looking for some new recipes to make? Then our demonstration kitchen is where you need to be! We will be welcoming LaDonna of Let's Cook into our kitchen to share with us some easy, delicious healthy meals that can easily be made at home in no time. Samples will be available to all participants. Please note that recipes do use nut milks; if you have an allergy we do not recommend taking this class. Min/ Max: 6/20. Registration Deadline: One week before each class.

#### **Colcannon and Boxty**

It's March and for some reason we all like to think we become a little Irish during this month so why not take class and learn to make two traditional Irish dishes. Join us as LaDonna from Let's Cook demonstrates for participants how to use potatoes in two ways to get a little taste of Ireland at home. First, she will demonstrate how to make the traditional Irish side dish, Colcannon. After that we will use potatoes again to make the traditional Irish breakfast known as Boxty or Irish potato pancakes.

#### T 10:00 A-11:30 P 3/14 \$5

#### **Sweet Potato Curry**

Do you like quick, one pot meals that are packed with flavor? Then this is the class you need to register for. LaDonna demonstrates how to make a vibrant Sweet Potato Curry that is sure to hit the spot.

#### T 10:00 A-11:30 P 5/9 \$5

#### **Lemon Butter Pasta with Charred Leeks**

Looking for a new way to cover those noodles? Something a little bright and refreshing for a spring dish? LaDonna will demonstrate how to make a creamy lemon and pea sauce with charred leeks that can be served over any pasta

#### T 10:00 A-11:30 P 7/11 \$5

#### **COOKING CLASSES**

Do you enjoy cooking? Have you ever considered eating plant-based? Are you plant-based and looking to learn some cooking basics? Well then, these classes are what you are looking. La Donna Oltmanns from Let's Cook will be bringing in her mobile cooking kitchens to teach hands on classes. During these classes chefs will roll up their sleeves and cook their own healthy plant-based meals using simple, easily available ingredients. All participants should wear close toed shoes and have any long hair pulled back. Chefs should also bring a container to take leftovers home in. Please keep in mind that the classes may contain allergens, if you have a concern, please reach out to LaDonna at youcancookpolants.com. Min/Max: 3/8 participants. **Registration Deadline: one week** before each date.

#### **Butter Cauliflower**

Have you always wanted to try Indian food but have never had the chance? Well, why not join us and make it yourself. We will be making this incredibly versatile dish that is simmered in a tomato cream sauce with a wealth of spices and aromatics that have the ability to warm you from the inside out. Participants in this class will also learn to make traditional naan bread to pair with their dish. Please note those with a coconut allergy should not take this class.

#### T 10:00 A-12:00 P 4/11 \$25

#### **Thai Pineapple Fried Rice**

Spring is in the air and what better way to brighten yourself up than with a super easy to make, healthy, yummy and colorful pineapple fried rice. Enjoy the tastes of Thailand as we mix together traditional Thai spices with sweet and tangy pineapple to make a flavorful rice that can be enjoyed as a side or main.

#### T 10:00 A-12:00 P 6/13 \$25

# Lunch n' Learn Series

A light lunch will be provided during each informative presentation.

#### **Your Life Your Legacy**

Presented by Dignity Memorial. Every detail thought out. How do you wish to be remembered? Max: 30 participants. **Registration Deadline: 4/15.** 

T 12:00 P 4/18

#### **Eldercare Options & How to Pay for Them**

Presented by CarePatrol of Northeast Ohio. Topics covered include types of care available, cost of care, payment options, options with limited fund and more! Max: 45 participants. **Registration Deadline: 5/9.** 

T 12:00 P 5/16

#### **Imagine...A Unique Funeral Service**

Presented by Dignity Memorial. Every detail thought out. How do you wish to be remembered? Max: 30 participants. **Registration Deadline: 6/20.** 

T 12:00 P 6/27

#### Trips with JKL TOURS

- All trips depart from/return to the Mayfield Village Civic Center
- All times are approximate and all trips/details are subject to change
- Checks only payable to: Mayfield Village

#### **Hidden Cleveland**

This is an all new Cleveland trip that is part history and part mystery, seeing little-known sites like the Cleveland Fire Boat that put out the famous river fire of 1969! Enjoy a surprising 10th-floor lookout from a downtown government building and travel along Euclid Avenue to see the remaining Mansions from the gilded age of Millionaire's Row. There will be a delicious lunch at a classic 1950's Diner inside a Harley-Davidson Motorcycle Emporium, where the walls are decorated with Euclid Beach and Motorcycle memorabilia. Learn the surprising history of East Cleveland and see the French Norman village of Forest Hills. Moderate walking. Diner choices are Chicken sandwich, Steakburger sandwich, Philly cheesesteak. **Reg. Deadline: 4/17.** 

W 8:30 A-5:00 P 5/17 \$89

#### Summer Hawaiian Party with Pacific Paradise

Come experience a little slice of Hawaii. Start with dinner at Windows-on-the-River and enjoy the opening act of the Lovely Lasses, two incredible ladies that put on a fun concert with great harmony and many memorable songs from the 60's to today. There will be a limbo contest along with a Festive Hawaiian Attire Contest before *the Pacific Paradise* performers. Their song & dance show highlights the culture of the Islands and includes audience participation (wear a grass skirt for bonus points!) Mild walking. Reg. Deadline: 6/5.

W 4:00-9:00P 7/5 \$89

#### **Ohio's Lavender and Blueberry Trail**

Lavender is a unique herb with many uses from fragrant floral arrangements, to sachets, to potpourri and more. Learn about the different types of Lavender along with how and when to plant, how to nurture and how to harvest. Learn the many hands-on uses for Lavender with a chance to wander the delightfully scented lavender fields and visit their little on-site shop. Enjoy a wonderful lunch at the Barn Restaurant in Smithville, followed by a visit to Ohio's Largest Blueberry Farm. There will be a presentation by their master grower to learn why Blueberries are a Super Fruit. Everyone will receive Blueberry Jam. Moderate walking. **Reg. Deadline: 6/7.** 

8/4

\$115

#### Flight 93 National Memorial Experience

Every US Citizen that lived through the events of 9/11, were witnesses to a devastating attack on our nation. The importance of 9/11 transcends age, gender and even political differences. Now, over 20 years later we are able to reflect on this event in person as we take in the inspirational and emotional site of the Flight 93 National Memorial in central Pennsylvania. JKL TOURS is proud to offer this inspirational and emotional experience. In order to provide as much time as possible, transportation will be by Baron Bus; travel will be directly there. There will be time to discover the 3 main areas and take in a daily presentation by a National Park Ranger. This sacred complex has been saved in order to tell the tremendous story of courage these brave patriots were willing to pay of the ultimate sacrifice. Moderate to strenuous walking. Reg. Deadline: 7/24.

W 7:30 A-7:30 P 8/23 \$49

#### Mystery Trip #3

Here is a brand new mystery trip that has never been offered to the Mayfield Village Seniors! Visit an out-of-the-way area that has a lot to offer with surprising history, secrets and charm. You will need a sense of adventure, a good sense of humor and very comfortable walking shoes. Lunch is included. Moderate walking. **Reg. Deadline: 8/4.** 

W 7:30 A-7:30 P 9/6 \$99

7:30 A-6:00 P

Parkview Pool will open for the season on Friday, June 3. Parkview Pool offers a variety of programs for toddlers through Seniors. The facility includes lanes for lap swimming, learn to swim programs, open swim and other aquatic programs. There is a separate diving well (12'8" deep), a corkscrew waterslide, a 0-42" depth play area with various water toys, a concession stand, locker rooms and shade structures. A pavilion and playground are located adjacent to Parkview Pool.

Policies and procedures are subject to change.

#### **REGISTRATION TIMES**

#### Mayfield Village Residents Season Pass/Progressive Employees Season Pass Open Swim Lesson Registration

Beginning Tuesday, April 11 and ongoing through Friday, May 26. Over the phone through parks and recreation department with Mastercard/Visa/Discover. 440.461.5163.

#### In Person Open Registration at Parkview Pool

Th 12:00-6:00 P 5/11 S 10:00 A-2:00 P 5/20

#### **OPEN SWIM/ADULT LAP SWIM**

Hours of operation are subject to change

Adult Only Lap Swim Mon-Fri <u>Tue</u> <u>Sat-Sun</u>

6:30 A-10:30 P 5:00-7:00 P 8:00-11:00 A

Open Swim <u>Mon/Wed/Thur</u> <u>Tue/Fri/Sat/Sun</u>

11:30 A-7:00 P 11:30 A-5:00 P

#### **FEES AND ADMISSION**

All Mayfield Village residents and School District residents must have a photo I.D. (ex: driver's license) and a current utility bill to show proof of residency. For each school-age child getting a pass, a report card showing the student's name and address is required. Progressive employees must bring their Progressive employee identification card or current pay stub.

#### **GUEST ADMISSIONS**

Only Parkview season pass holders or a Mayfield Village Resident may purchase guest admissions. Maximum of 4 guests. Management reserves the right to limit the number of guests.

Guest Pass Fee (5 yrs. & older) \$5.00

#### **GENERAL ADMISSION**

(All day admission)

Mayfield Village	Under 5	Free
School District Student	K-12	\$7.00
Mayfield Village Resident	18 yrs59 yrs.	\$8.00
Mayfield Village Resident Senior	60 yrs. & older	\$6.00
Mayfield Village Household Pass	Family of 4	\$24.00 – plus \$5 per additional
School District	Under 5	Free
School District Student	K-12	\$10.00
School District Resident	18 yrs59 yrs.	\$12.00
School District Senior	60 yrs. & older	\$8.00
School District Household Pass	Family of 4	\$40.00 - plus \$8 per additional
Out of District	Under 5	Free
Out of District Student	K-12	\$20.00
Out of District Resident	18 yrs59 yrs.	\$20.00
Out of District Senior	60 yrs. & older	\$10.00
Out of District Household Pass	Family of 4	\$60.00 - plus \$10 per additional

#### INDIVIDUAL SEASON POOL PASS

**Mayfield Village Residents:** 

**Beginning Before** 7/9 7/9 Preschoolers (Under 5) free free Students (K-12) \$65 \$40 **Adults** \$75 \$45 Seniors (60 yrs. & older) \$45 \$30

Mayfield School District Residents & Progressive Employees: (Gates Mills, Highland Hts. and Mayfield Hts.)

 Before 7/9
 Beginning 7/9

 Preschoolers (Under 5)
 free free 5

 Students (K-12)
 \$85
 \$50

\$150

\$70

\$80

\$45

Lost I.D. or Pool Pass replacement fee is \$5.00. Passholder must present pass or be charged \$1.00. For each school-age child getting a pass, Mayfield Village requires a report card showing the student's name and address.

Adult

Senior (60 yrs. & older)

#### RESIDENT HOUSEHOLD SEASON PASS

	2 Member Household	3 Member Household	4 Member Household	Add Household Member
Before 7/9	\$135	\$160	\$185	\$25
After 7/9	\$70	\$85	\$100	\$15

#### SCHOOL DISTRICT/PROGRESSIVE HOUSEHOLD SEASON PASS

	2 Member Household	3 Member Household	4 Member Household	Add Household Member
Before 7/9	\$275	\$315	\$365	\$40
After 7/9	\$140	\$165	\$190	\$25

#### **POOL/PAVILION RENTAL**

Mayfield Village Parks and Recreation will allow reservations for daytime Parkview Pavilion rentals and private evening rentals of Parkview Pool/Pavilion for Mayfield Village and School District residents. Private evening rentals are available on Sundays, 5:30–8:30 p.m. Contact <a href="mayfieldvillage.com">decht@mayfieldvillage.com</a> for more information or to make a reservation. Please note that the pool and the Parkview Recreation area (including The Grove) share a parking lot. There may be limited parking during pool and pavilion rentals.



#### LIFEGUARD TRAINING

(15 yrs. & older) American Red Cross Certified Lifeguard program. Some prerequisites for students include: must be able to continuously swim 300 yards and retrieve a 10-pound object from the bottom of the pool. Online course completion is required prior to the first day of class. No class on Sunday.

S-W 9:00 A-5:00 P 6/10-6/14

#### **DEEPWATER EXERCISE FOR ADULTS**

Are you looking for a different type of conditioning? The class will take place in the diving well. A floatation belt can be used if needed. This is a great way to work your cardiovascular system without injuring any joints. This workout is good for adults of all ages.

M/W/F 10:30 A-11:30 A 6/5-8/4

M/W 6:00-7:00 P

\$5 per class: 10 class punch card (\$50)

# Just add Water

#### The Swim, Snorkel, Scuba Center 36200 Euclid Ave., Willoughby

Parkview Pool in cooperation with Just Add Water will be offering a variety of SCUBA programs. Listed below are 3 programs to fit all ages. All registration will be handled by Just Add Water. *For more information call them at 440.942.7575.* 

#### TRY DIVING (10 years-Adult)

Have you ever wondered what it is like to breathe underwater? All you need is a bathing suit and a towel and you can give it a try and see how easy and amazing scuba diving really is! First you will complete a classroom orientation and equipment fitting at Just Add Water. After that, you will be ready to Try Scuba with experienced dive professionals by your side in the safe confines of Parkview Pool. Price includes materials/equipment.

Th 6/29, 7/13, 8/3, 8/24 7:00-8:30 \$49

#### KIDS SCUBA CAMP (10-14 years old)

Learning to scuba dive is a life changing experience! Campers will enjoy academic (classroom) and inwater (pool) sessions each of the 5 days of camp. Completing this program will allow students eligibility to complete Open Water Dive certification. In Just Add Water's Scuba Camp, students learn about dive safety, scuba equipment and the physics of diving. Also, as diving is a natural gateway to conservation, they will learn about the ocean, life beneath the surface and how to protect it. Scuba Diving is a great hobby for kids and will provide opportunities for new friendships and unlimited potential for new discoveries. Price includes materials/equipment.

M-F 9:00 A-12:00 P 6/26-6/30 Session 1 \$535/session

7/10-7/14 Session 2 7/31-8/4 Session 3

#### **OPEN WATER SCUBA (12 years-Adult)**

From the first day, scuba diving starts transforming your life with new experiences. Take the plunge and become a certified Open Water Diver. In this program, you will attend the academic (classroom) and in-water training (pool) sessions required for certification. Just Add Water's globally-recognized program is the best way to begin your lifelong adventure as a certified scuba diver. Personalized training is combined with in-water practice sessions to ensure you have the skills and experience required to become truly comfortable before heading out to the open water.

S/Su 8:00 A-12:00 P 6/24, 6/25, 7/1,7/2, 7/8, 7/9, 7/15, 7/16, 7/29,7/30, 8/5, 8/6, 8/19 8/20, 9/2, 9/3

\$450.00 (Includes all digital course materials)

#### AQUACIZE

Great for adults and seniors, plus you don't need to know how to swim! All exercises are done in the water to improve flexibility while conditioning and toning the entire body. Participants will receive a punch card that will be punched at the front desk before each class.

M/W 6:00-7:00 P 6/5-8/2 T/Th 11:15 A-12:15 P 6/6-8/3

\$5 per class: 10 class punch card (\$50)

#### FATHER'S DAY AT PARKVIEW POOL

Spend the day with dad/grandpa. Enjoy everything Parkview has to offer. Swim, play and eat at the pool. Price includes entrance and a picnic lunch. Lunch served from 12:30-2:00 P

Su 11:30 A-5:00 P 6/18

Dad/grandpa/ 5 yrs and under free 6-17 yr. olds \$5 Adults \$10

#### **ADAPTED AQUACIZE**

(10 yrs+) This class is all about movement in the water. Swimming skills are not required. All exercises are performed in an area in the pool where everyone can touch the bottom. It is a relaxed atmosphere, with low impact movements and everyone goes at their own pace. Registration Deadlines: 6/5 and 6/29. Register through the Parks and Recreation Department.

Th 6:00-6:45 A 6

6/8-6/29 Sess. 1 \$30/ session

7/6-7/27 Sess. 2

## INTRODUCTION TO CANOE & KAYAK AT PARKVIEW POOL

This short course emphasizes entry-level kayaking and canoeing. Registration through the Parks and Recreation Department. Optional trip to Camp Hi in Mantua, Ohio if enough interest on Sunday, June 25, 10:00 am-2:00 pm. Price TBD. Transportation on own; carpooling available. **Registration Deadline for classes: 6/16.** 

T 7:00-8:30 P 6/20 Th 7:00-8:30 P 6/22 Individual/Family
Individual-Kayak Only

\$5/\$10 \$5

#### **LEARN TO SWIM**

The learn to Swim program is baed on American Red Cross Standards. Instructors are certified through American Red Cross. Read the requirements and skills taught before signing up. All students will be assessed on the first day. Students will be placed at the appropriate level. Fridays might be used as a makeup class.

#### **GROUP LESSON FEES**

Mayfield Village Resident \$45

Non Mayfield Village Resident

\$65

Session 1

Monday/Wednesday

6/12-7/5 (except 7/3)

Session 2

Monday/Wednesday

7/10-7/31

Tuesday/Thursday
Tuesday Evening

6/13-7/6

Tuesday/Thursday

, 7/11-8/1

racsaay Eve

6/13-8/1

Saturday 6/17-7/29

# MONDAY- THURSDAY MORNING CLASSES TUESDAY EVENING CLASSES

Parent/Child 6 mos-3 yrs	Preschool 3-4 yrs	<b>Level 1</b> 5-12 yrs	<b>Level 2</b> 5-12 yrs	<b>Level 3</b> 5-12 yrs	<b>Level 4</b> 5-12 yrs	<b>Level 5/6</b> 5-12 yrs	Adult & Teens 13 yrs+	Fitness Swimming 13 yrs+	Private Lessons
		9:15a-9:55a	9:15a-9:55a	9:15a-9:55a	9:15a-9:55a	9:15a-9:55a	9:15a-9:55a		10:45a-11:15a
10:00a-10:30a	10:00a-10:30a	10:00a-10:40a	10:00a-10:40a	10:00a-10:40a	10:00a-10:40a	10:00a-10:40a			Other times
10:45a -11:15a	10:45a -11:15a	10:45a -11:25a	10:45a -11:25a	10:45a -11:25a					based on instructor availability
5:30p-6:00p	6:15p-6:45p	6:15p-6:55p	6:15p-6:55p	6:15p-6:55p	6:15p-6:55p	6:15p-6:55p	6:15p-6:55p	6:15p-6:55p	

#### **PRIVATE SWIM LESSONS**

Private lessons are available for individuals interested in a one-to-one experience. Red Cross certified instructors will work with students to help individual swimming skills goals. Private lessons are subject to instructor availability.

Mayfield Village Residents \$25 Non Mayfield Village Resident \$35

#### **SWIM LESSON INFORMATION**

The following course descriptions cover all swim lessons offered. Please note that as the levels progress, it is not unusual for a child to repeat a level several times. Remember that each child is unique and is evaluated on their swimming ability, not age. If you are not sure about what level to place your child into, please feel free to ask the Learn to Swim Coordinator and staff.

#### Parent/Tot 6 months-4 years

Class will acquaint the child with basic water adjustment and include parent training on water safety. Class taught in 3 ft. area.

#### **Preschool**

Familiarize children 3 & 4 years old to the aquatic environment and help them acquire rudimentary basic aquatic skills. Help participants begin to develop positive attitudes and safe practices in and around water.

#### Level 1 Beginner Introduction to Water Skills

Students are introduced to basic water skills. Students learn buoyancy with support and breath control. They begin with the basics of front and back crawl & general water safety rules.

#### Level 2 Beginner Fundamental Aquatic Skills

This level helps students become more independent in the water while learning rhythmic breathing, buoyancy, treading water, coordination of arms and legs, and general water safety rules.

# Level 3 Intermediate Stroke Development

Students build on level 2 skills to combine arms and legs for front and back crawl. Intro to butterfly kick and kneeling or sitting dives.

# Level 4 Intermediate Stroke Improvement

Students learn swimming distances while improving front and back crawl and changing directions. Students learn breaststroke, butterfly, elementary backstroke, and the sidestroke kick. Diving progresses to the compact or stride position. Additional diving rules discussed.

# Level 5/6 Advanced Stroke Refinement

Students refine their strokes and build endurance in all strokes learned while working on flip turns. Diving advances to shallow dives as well as tuck and pike surface dives. Treading water is improved, and survival swimming is taught.

#### Adult/Teen

#### Level 1 Beginner

Students are introduced to basic water skills. Students learn buoyancy with support and breath control. They begin with the basics of front and back crawl & general water safety rules.

#### Level 2 Intermediate

Students learn swimming distances while improving front and back crawl and changing directions. Students are introduced to breaststroke, butterfly, elementary backstroke and sidestroke.

# Fitness Swimming 13yrs & older (Level 3 or instructor's permission)

Students will be introduced to various drills to improve stroke techniques, efficiency and endurance.



# **COMMUNITY CLUBS**

# MAYFIELD TOWNSHIP HISTORICAL SOCIETY

The Mayfield Township Historical Society, Bennett-Van Curen historic house is located at 606 SOM Center Road and is open Mondays 10:00 a.m.-1:00 p.m. or by appointment. Meetings are free and open to the public. Refreshments served. The March and April meetings will be held at the Mayfield Regional Library; May will be at the Mayfield Village Community Room. For more information call 440.461.0055, email <a href="mayfieldtownshiphistoricsociety@yahoo.com">mayfieldtownshiphistoricsociety@yahoo.com</a> and like on Facebook: The Mayfield Township Historic Society. The Mayfield Township Historical Society is registered with <a href="mazonsmile.com">mazonsmile.com</a>. A donation will go back to the historical society if you choose when ordering. Interested in being a tour guide? Call and leave your information; trainings occur during February/March in preparation for 3rd grade tours in April/May. Look for more information about programs/events on their table at Mayfield Village events, The Grove and Gazebo events this summer.

# AN EVENING WITH LUCRETIA RUDOLPH GARFIELD

The first lady is visiting the area and has been invited to talk to the group about her life with President Garfield and the family. She was a scholar, teacher, wife, mother and faithful keeper of memories. Anita Benedetti givers her down to earth portrayal of the first lady that allows people to get to know the Presidential family from a more intimate point of view.

W 7:00-9:00 P 3/8

# THE UNKNOWN STORIES BEHIND THE NEWS

Join Ralph Tarsitano, former photojournalist from Channel 8 news, as he describes some of the back stories and personal experiences that are untold and unknown about people who were in the news. His wit and storytelling abilities will keep your attention.

W 7:00-9:00 P 4/12

# THE STORY OF EUCLID BEACH PARK

Food, rides and attractions. Why is Euclid Beach Park so very memorable? Learn its beginnings in 1895 and reminisce about its heyday as well as its final days in 1969. Relive those special memories. A speaker from The Western Reserve Historical Society will speaker.

W 7:00-9:00 P 5/10

# **ICE CREAM SOCIAL**

. . . . . . . .

Make an ice cream sundae and tour the Bennett-Van Curen Historical House.

W 6:30-8:00 P 9/13 \$1 kids/\$3 adults, includes tour of house

Bennett-Van Curen House/Wiley Park



### MAYFIELD WOMEN'S CLUB

The purpose of this club is to bring together women in an organization to benefit others and themselves, by promoting civic, cultural, educational and social welfare. For further information regarding Membership please call Pat Marrone at 440.220.0345. All meetings are held in the Community Room. For more information about the club visit <a href="https://www.mayfieldwomensclubofwc.org">www.mayfieldwomensclubofwc.org</a>

M 7:00 3/20 Plan for Scholarship Fundraiser Night

M 7:00 4/17 Fundraiser Night

M 7:00 5/15 Learn How to Design a Flower Arrangement For Your Next Party

presented by Barbara Keptner & Patsy Mills

No meetings June-August as the committee members continue to do their special interest work projects.

### MAYFIELD VILLAGE GARDEN CLUB

This Club encourages and supports gardening, civic planting, conservation activities, environmental and horticultural education, and flower arranging. For more information or to become a member, contact Betty Jo at 440.442.7322.

Judy McKnight will present the Cleveland Metro Parks the *Early Year Things To Do*. Topics include planning your new gardens; both flowers and vegetables.

W 1:00 P

3/22



Civic Center

**Scholarship Night**. The Garden Club Scholarships will be presented the by Gates Mills Environmental Education Center.

W 7:00 P

4/26



Community Room

**Mother's Day Annual Plant Sale.** Held during the annual Pancake Breakfast. Seasonal plants and hanging baskets will be available. Proceeds from sale benefit the Scholarship Fund.

5/14

Su 8:00 A-12:00 P

Civic Center

During the Summer Months the Club will be taking tours to nearby educational areas. The Club's regular meetings will resume in September.

# SPORTS CORNER



Athletic information listed here is for community-based organizations that serve the Mayfield City School District Residents.

### **Gilmour Youth Hockey League**

Website: www.gilmourarena.com/gilmouricearenahome.aspx

Contact: Mike Chiellino - Director of Youth Hockey

440.473.8000 x7202

Email: chiellinom@gilmour.org

### **Great Lakes Sailfish Swimming**

Website: <u>teamunify.com</u>
Contact: John Tiernan
440-473-8000 x7039
Email: <u>tiernanj@gilmour.org</u>

### **Highland Heights Boys Baseball**

Website: <a href="www.highlandhts.com">www.highlandhts.com</a> Contact: Justin Ketchem

Email: justin.hhbb@gmail.com

### **Highland Heights T-Ball**

Website: www.highlandhts.com

Contact: David Ianiro

Email: dianior@highlandhts.com

### **Highland Heights Girls Softball**

Website: www.highlandhts.com

Contact: Kelly Pattison

Email: kellyhsoftball@gmail.com

### **Hurricanes Swim Team Highland Heights**

Website: <a href="hhhurricanes.org">hhhurricanes.org</a>
Contact: Beth Faiman
<a href="mailto:faimanb@ccf.org">faimanb@ccf.org</a>
216-312-9543 or
Laura Mayher
<a href="mailto:laura.mayher@gmail.com">laura.mayher@gmail.com</a>

440-227-6673

### **Mayfield Soccer Club**

Website: www.mayfieldsoccer.com

Contact: Bob Gephart

216.904.0895

Email: info@mayfieldsoccer.com

### **Mayfield Wrestling Club**

Website: www.mayfieldwrestling.org

Contact: Tony Khas 440.449.5039

Email: mayfieldwrestling@gmail.com

### Wildcat Youth Football/Cheerleading Club

Website: <a href="https://www.mayfieldwyfc.org">www.mayfieldwyfc.org</a> Contact: Michael Macauda

216.385.3464

Email: mmacauda90@gmail.com



# WILDCAT SPORT & FITNESS



6116 Wilson Mills Rd., Door #18, Mayfield Village, OH 44143

Memberships available for Mayfield School District Residents. A variety of programs are available at additional cost.

### THE FACILITY INCLUDES:

Gym • Indoor Track • Pool Weight/Cardio Equipment • Group Fitness Room

For more information call 440.995.6840 or visit <a href="https://www.mayfieldschools.org/WildcatSportFitness.aspx">www.mayfieldschools.org/WildcatSportFitness.aspx</a>



# CUYAHOGA COUNTY PUBLIC LIBRARY



# www.cuyahogalibrary.org

Check out what's happening at your local library. Something for everyone!

For a complete listing, including additional spring and summer fun activities for all ages, visit www.cuyahogalibrary.org, pick up a program guide, or stop in!

### **GATES MILLS BRANCH LIBRARY**

1491 Chagrin River Road Gates Mills, OH 44040-9703

(Across from the Post Office and next to Sara's Place)

440-423-4808

**Don't forget!** The annual Summer Reading Program will kick off in early June!

# GATES MILLS BRANCH LIBRARY HIGHLIGHTS

A highlight of some of the programs at the Gates Mills Branch this spring and summer! All programs are free, but registration is required. Special thanks to the Friends of the Gates Mills Branch Library for the support of our library programming.

# **UPCOMING PROGRAMS**

# **Children's Programs**

# Storytime at the Library

### Thursdays at 10am

All ages with a caregiver: Join us for a morning of stories, songs and fingerplays!

# Kindergarten Countdown

# Fridays once a month at 1:30pm

Incoming Kindergartners and their caregivers: Join us as we help your child build kindergarten readiness skills for Fall 2023 in a program aligned to Ohio's Early Childhood Standards. We will focus on a different fun topic each week!

Mar. 24: ABCs

Apr. 21: Art of Celebration

May 19: Community Jun. 30: Sharing

Jul. 28: Off to School!

Aug. 25: Water

# **Bracelet Extravaganza!**

# Wednesday, Mar. 29 at 2pm

Ages 8-13: Bring your friends and come hang out at the library while making bracelets!

# **Arbor Day Storytime**

### Tuesday, Apr. 25 at 10am

All ages with a caregiver: What's Arbor Day, anyways? Join a Tree Tale Teller from Holden Forests & Gardens to explore the world of plants and trees in this all-ages family story time and learn more about Arbor Day!

# **Families Create: Doorhangers**

### Saturday, Apr. 29 at 11am

Ages 6-12: Bring your family to create an amazing spring themed doorhanger!

### We.Do 2.0

### Saturday, May 27 at 11am

Ages 7-12: Come to the library to build and control a robot!

# **Teen Programs**

### **VolunTEENS**

# Thursdays, Mar. 2 and Apr. 6 at 4pm

Earn volunteer hours at the library by participating as a VolunTEEN! Come participate creatively while having fun and helping others in our community. All activities will take place at the branch and snacks will be provided.

# **Teen Yoga**

# Saturdays, Mar. 18, Apr. 29, May 27 at 11:30am

Note: This program meets at the Gates Mills Community House. Come and unwind at our beginner's yoga series! Bring a yoga mat or a towel.

# **Homeschool Time Travelers**

# Wednesdays, Mar. 29 and Apr. 26 at 10 am

Calling all time travelers! Let's meet to discover what happened on this date.

# **Adult Programs**

# **Library Book Discussions**

# 2nd Tuesdays at 7:00pm /2nd Wednesdays at 7:30pm

Adults: Join a book discussion at the library. Stop in to pick up the book of the month!

# **Adult Coloring Club**

# First Mondays of the month at 3pm

Join us for some relaxing coloring fun! We will provide coloring pages and supplies, light snacks, and conversation.

# Moon Journaling 101

# Saturday, Mar. 11 at 12pm

A moon journal or planner is a powerful way to meet goals or follow your dreams while connecting with nature. Find out what each phase of the moon means and what you can do throughout the lunar cycle to accomplish tasks and meet objectives.

# Intermittent Fasting: The Good, The Bad, And The Ugly

# Saturday, Mar. 25 at 11am

Note: This program will be held virtually Intermittent Fasting has become an extremely popular diet pattern in the past few years. However, many questions surround this unique eating plan. Anthony DiMarino RD/LD, CPT describes the intermittent fasting diet, misconceptions of, its benefits, and tips and tricks to make it work for you!

# Alcohol Ink and Tile Art

### Monday, Apr. 17 at 2pm

Let your creativity run free as we explore this fun and imprecise method of painting. Alcohol inks can stain clothing – be sure to dress accordingly.

# **Let Your Soul Bloom**

# Wednesday, Apr. 19 at 3:30pm

Florist and owner of Soulshine Blooms, Joni Young, will discuss her home farm business, her mission to spread happiness with flowers, and the best plants for our growing zone. Take home free seed samples.

# Talking Pictures: The Language of Movies Wednesday, Apr. 19 at 7pm

Learn about the different storytelling elements in film to deepen your understanding and appreciation of this popular art form.

# How to Build a Healthy Financial Life Saturday, May 6 at 2pm

Note: This program will be held virtually Join Financial Wellness Coach Rachel Durci for this fun and engaging learning opportunity! Topics include debt, credit scores, and reports and money mindset. Financial Wellness is not taught in schools, and yet we interact with money daily!

# Virtual Book Discussion: Memphis

# Wednesday, May 17 at 7pm

Note: This program will be held virtually Take part in an online discussion of this family saga based on author Tara Stringfellow's own history.

# Moon Journaling 102 Saturday, May 20 at 2pm

After attending Moon Journaling 101, spend the next two lunar cycles practicing moon journaling. Use that time to try different methods and journaling styles. During Moon Journaling 102, we will share our discoveries, what works and what doesn't, and find ways to refine our journal keeping.

# WITH A LITTLE HELP FROM OUR FRIENDS

Cuyahoga County Public Library benefits from the support and advocacy of its Friend of the Library members. The mission of the Friends of the Mayfield Branch Library and the Friends of Gates Mills Branch Library is to support the highest quality library service to



their local communities, supporting lifelong learning opportunities for all ages; facilitating used book sales with all proceeds supporting their branch library; and funding for various facility aspects of the library that are beyond the tax-funded library budget.

### How can you help?

- If you are a current Friend of the Library, we thank you and value your continued support.
- If you have not had the opportunity to be a Friend, we greatly appreciate your consideration. Your contribution ensures your library remains an essential part of the community. We recognize that this has been a challenging time for us all and we are grateful for your support.
- Volunteer Opportunities Time and Talents!
  - Assist with book sales.
  - Advocate for and promote the Friends and the library at community events.
  - Do you have a financial, technical, artistic, organizational, or other skill where you shine? The Friends need you.

# **Evenings of Shakespeare** at The Grove



Saturday, June 24, 7:00 P

AS YOU LIKE IT By William Shakespeare Directed by Kelly Elliott

"All the worlds a stage" in this joyous tale of freedom and empowerment; full of comic characters and memorable moments. As You Like It sees Rosalind and her cousin Celia banished to the Forest of Arden where they disguise themselves as young men. Orlando (Rosalind's love) also seeks refuge in the forest where he meets Ganymede (the gender-swapped Rosalind). Unrecognized, the disguised Rosalind tests Orlando by having him woo her under the guise of "curing" Orlando of his love. But instead of ending Orlando's romantic disposition, the couple develops a greater appreciation for the other, and uncover a deeper meaning of what it is to love.



Sunday, July 23, 7:00 P

MEASURE FOR MEASURE By William Shakespeare

Directed by Jasmine Renee

"Truth is truth to the end of reckoning" sums up Shakespeare's most resonant play of our day. Measure for Measure tells of Isabella, a young and devout nun compromised by Angelo, a corrupt official. Angelo offers to save Isabella's brother. Claudio from execution, but in return asks her to fulfill his carnal desires of the flesh. With nowhere to turn for help, and desperate for her brothers salvation, Isabella threatens to expose Angelo and his corruption even though he tells her no one would believe her.

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# JULY 1 4th of July Special Performance\*

# **Jersey Beats**

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yer dancin' shoes on" reggae

Frankie Valli and The Four Seasons Vegas Style Tribute. Take a step back into the past listening and singing along to the sounds of one of the best vocal groups of its time \*Saturday Show

# JULY 7

### **Faction**

With over 200 songs in their rotation, Faction provides the versatility necessary to unite, satisfy, and involve everyone regardless of the demographics.

# **JULY 21**

### **New Wave Nation Band**

Creating the look and feel of an 80s arena style rock concert, while performing the greatest anthems of the generation of excess!

# **JULY 14**

### **Out of Eden**

Returning to Mayfield for an evening of Eagles, Joe Walsh and Don Henley solo hits. Ohio's best Eagles Tribute.

# **JULY 28**

# **Jump**

America's Van Halen Experience! Experience an embodiment of the David Lee Roth era of Van Halen.

# AUG 4

# **Freedom Road**

a Tribute Band playing the fantastic songs of John Cougar Mellencamp in True Concert

# **AUG 11**

# **Hard Day's Night**

Nationally touring tribute, faithfully recreating the Beatles' hits in a full-catalogue

# **AUG 18**

# **Back and Forth**

A Tribute to the mighty sound and energy of the Foo Fighters!!

# **\*AUG 24**

# **Saturday Night Live**

A Tribute to Saturday Night Fever and the Music of the Disco Era \*Thursday Show

# THURSDAY FINIGHT AFTER WORK SERIES AT THE GAZEBO 6:30-9:00P

# **June 15 Terry Lee Goffee**

He looks like Johnny! He sounds like Johnny! Nobody does Cash like Terry Lee Goffee!

# **June 22 Light of 2 Moons**

A Cleveland, Ohio based group with a unique mix of music from island sounds to classic rock, blues, country and maybe even an old folk tune here and there.

# **August 31 RockLogik**

Classic Rock & Soul Revue Paying homage to their soul, rock, blues and funk influences.

# **September 7 Ricky and The Rockets**

A selection of songs you can sing and dance to! Come and relive "the good old days"

# EWEDNESDAY LUNCH SERIES AT THE GAZEBO 11:00A-1:30P

### June 14 Walt Sanders

Memories of Elvis - One Night with you!

# **June 28 Cheeseburger in Paradise Lite**

An energetic, talent-filled, entertaining show! This band plays many of the greatest Jimmy Buffett tunes, along with other great 'island, summer, beach, vacation, party' songs!

### July 12 Frank and Dean

Celebrating the fun, the jokes and the music of the Rat Pack.

# July 26 Eddie & Edsels

The Rock-n-Roll Capital's #1 Oldies Review!

# **August 16 Disco Express**

Disco is undisputed best dance music ever! Disco Express is a female driven band playing great songs from all the best Diva's.

### **August 30 Express Way Band**

The sound of Motown in Mayfield Village.

# MAYFIELD VILLAGE CELEBRATION!

End of summer get together for Mayfield Village Residents and their guest. Start the day at Parkview Pool and end at The Grove.

Parkview Pool
12:00 - 5:00 P
Cookout & Food &
Kids Activities

The Grove
5:00 - 9:00 P
Food &
Kids Activities

MAYFIELD VILLAGE RESIDENTS AND GUESTS (FREE)

# VILLAGE PARTY

# SATURDAY | August 5

# AN EVENT FOR MAYFIELD VILLAGE & THEIR GUEST!

12:00 - 5:00 P @ Pool
Free swim all day for Mayfield
Village residents and their guest

1:00 - 3:00 P @ Pool Magician and balloons

1:00 - 4:00 P @ Pool Music

**1:30 - 4:30 P @ Pool** Face Painting

5:00 - 9:00 P @ Grove Face Painting

5:00 - 9:00 P @ Grove Balloon Twister

5:00 - 9:00 P @ Grove Caricature Artists

**4:00 - 6:00 P @ Grove** Jungle Bob

6:00 - 7:00 P @ Grove Hypnotist Mike Oddo

# 7:00 - 9:30 P @ Grove

# **Material Girls**

A high energy musical production, backed by studio musicians, that recreate the ladies that topped the pop charts with all #1 hit songs by Adele, Lady Gaga, Madonna, Blondie, Alison Wilson, Shania and Cher.

\*Schedule and activities are subject to change.



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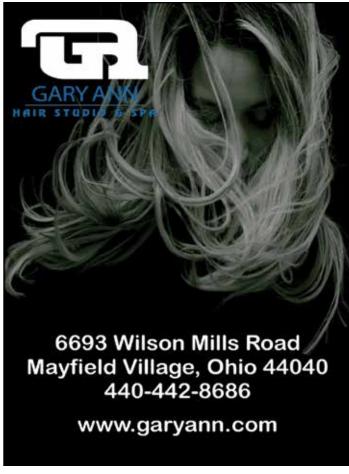
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